



FENS Summer School on
“Scientific basis for FBDG – new challenges”

Detailed program

FENS 2019 Summer school, Belgrade 19-23rd August 2019

Monday, 19st August: Basics of translating science into recommendations

8:00 – 9:00 Gathering of participants and registration

9:00 – 10:30 Nutrition and health, Heiner Boeing, FENS

10:30 – 11:00 Coffee break

11:00 – 12:30 The global burden approach: DALYs as unifying concept of rating the dietary impact on disease occurrence. AnneMarie Schmidt, Deutsche Gesellschaft fur Ernährung, Germany

12:30 – 13:30 Lunch break

13:30 – 15:00 Sustainability: The new topic in nutrition research. Bryndís Eva Birgisdóttir, University of Iceland

15:00 – 15:30 Coffee break

15:30 – 17:00 Group work

Tuesday, 20st August: Methodology for FBDG development

9:00 – 10:30 Generating evidence: from experimental science to human experimental studies. Philip Calder, University of Southampton, Great Britain

10:30 – 11:00 Coffee break

11:00-12:30 EBR as a basis for FBDG development, Malgorzata Bala, Krakow

12:30 – 13:30 Lunch break

13:30 – 15:00 Meta-analysis of observational and intervention studies, Lukas Schwingshackl, Freiburg

15:00 – 15:30 Coffee break

15:30 – 17:00 Group work

Wednesday, 21st August: Principles and examples of Food based dietary guidelines

9:00 – 10:30 FAO/WHO and EFSA guidelines for development of FBDGs. Development of FBDGs for elderly as a target group. Inge Tetens, University of Copenhagen, Denmark

10:30 – 11:00 Coffee break

11:00 – 12:30 FBDG experience from EU. Lecturer to be confirmed

12:30 – 13:30 Lunch break

13:30 -15:00 The new Flemish Food Triangle: What and why. Loes Neven, Flemish Institute for Health Promotion&Disease Prevention. Belgium

15:00 – 15:30 Coffee break

15:30 – 17:00 Group work

Thursday, 22nd August: The future of FBDGs

9:00 – 10:30 Nutrition research and strategies to address waste in nutrition research. Carl Lachat, Ghent University, Ghent, Belgium

10:30 – 11:00 Coffee break

11:00 – 12:30 Translation of scientific data into consumer-oriented information. Milka Sokolovic, EUFIC, Bruxelles

12:30 – 13:30 Lunch break

13:30 – 15:00 Social, cultural, ethical aspects of FBDGs. Lidia Graur, University of Medicine and Pharmacy "Grigore T. Popa", Iasi

15:00 – 15:30 Coffee break

15:30 – 17:00 Group work

Friday, 23rd of August: Examination and group work results

morning:

Examination (multiple-choice questions)

Presentation of group work

Friday noon: until 15:00

Discussion round with participants and faculty: perspectives of FBDGs: What we have learned